

Grade 12 Classes Third Period Remedial Homoud Al Jaber Sec. school

(UNIT 7) B- Set book questions :-

1- How can we keep active and ensure a long life?

a- vigorous stretching. b- Running for a kilometer.

c- Walking. d- Working.

2- In your opinion, what factors that might help people live longer?

a- avoiding bad habits b- modern medicine c- taking exercises

3- What should you do to keep your brain fit?

a- Reading books and reading the Holy Quran. B- Solving crosswords and puzzles.

C- Having a good social life. D- Playing chess.

4- Old people's homes are often known as geriatric homes. Are there any of these in Kuwait and the Arab World? Why?

It's rare to find them in Kuwait and the Arab World because Islam teaches children to honor their parents and show them compassion.

5- Many old people rely on their families and friends for support. How?

- a- Helping elderly person perform simple tasks.
- b- Talking to them in a friendly way.

6- We have to show respect and gratitude to the elderly. How?

a- honoring them b- showing them compassion

b- showing them reverence.

7- What is the importance of sleep? OR- Why is it important to get enough sleep?

- a- It is essential for health and wellbeing.
- b- It helps the brain retain new information.
- c- People who are deprived of sleep might gain weight.
- d- Sleep loss may lead to mistakes and accidents.
- e- Chronic sleep deprivation alters the immune system.

8- How much we sleep depends on several factors. Mention some.

a- Age c- Daily routine

b-The quality of sleep d- The genetic makeup.

9 - There are some signs indicate that someone doesn't get enough sleep and need more. What are they?

- a- No concentration at school or work.
- b- Difficulty to get up in the morning.
- c- Being moody or irritable.
- d- Having bad memory.

e- being drowsy

10 – The different kinds of sleep affect us. Can you guess how?.

- a- Deep and restful sleep makes us feel refreshed after waking up.
- b- Light and shallow sleep makes us feel tired.

11- What are the bad effects of lack of sleep?

- a- We can't concentrate at school or at work
- b- We find it difficult to get up in the morning.
- c- We are moody or irritable

d- We have memory problems.

12- How can you know that your friend didn't have enough time of sleep?

- a- If he was drowsy in the class.
- b- If he was moody and angry.

13- What does an "aging population" mean?

It means that there are more elderly people than ever before

14- Why do you think life expectancy has reached a high average?

Because many ailments (diseases) that used to be fatal can now be easily cured.

15- What is the best way to demonstrate our respect for the elderly?

a- Helping and supporting them.

- B- Holding doors open for them.
- c- Standing when someone enters a room.
- D- Not interrupting them
- e- Respecting their opinions and pieces of advice.

16- How can we get benefited from the experiences of old people?

- a- We should listen to their pieces of advice.
- b- Try to get from their wisdom.

(UNIT 8)

B- Set book questions :-

1-	What	is	meant	bv	rural	depo	pulation?
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Large numbers of people move from their homes in the country to live in towns.

2- In your opinion, what are the bad consequences of the rural depopulation?

a- overcrowding in cities.

b- the country areas become deserted.

3- Large numbers of people move from the countryside to big cities. Why?

a- to find better paid jobs.

b- farming become less profitable.

4- Where would you like to live in the country or the city? Why?

a- I would like to live in the city

b- because life is so interesting.

5- What are the advantages of living in a city?

a- find a job easily

b- life is exciting

6- What are the disadvantages of living in a city?

a- overcrowding

b-pollution

7- City life could be less stressful if

- a) it Provides better and faster ways of commuting
- b) it enforces more strict criminal laws
- c) creating better chances of lifestyle
- d) the problem of pollution is solved

8 -State some of the characteristics of a suitable place for a family to live in.

a- location

b- residents parking.

9- Why do many wealthy people move to the countryside?

a- to escape from overcrowding

b- to escape from pollution

10- Why will Burj Mubarak Al-kebir of madinat Al-hareer will be exceptional?

a- it will stand at 1001 meter.

b- it will contain 200 storey high.

c- it will dominate the skyline.

d- it overcomes the constraints of limited land

11- - Why will the Silk City be built?

a- establishing Kuwait as a commercial hub.

b- creating new jobs.

c- Providing housing.

(UNIT 9) B- Set book questions:-

1- Which activities did the Kuwaiti elderly do to stay n	nentally and physically active
now?	
a) Play cards and other traditional puzzle games	b) Take a short walk

- 2- Creative things can be done better at home. Why?
- a) It's much cheaper to do them this way.
- b) You get a complete control of how they look.
- 3- Mention two of the leisure activities that people enjoyed in the past.

a- cookery

b- rugs making

4- In your opinion, mention two of the leisure activities that people enjoy nowadays.

a- car repairs

b- using computers

- 5-Give examples of creative uses of home computers?
 - a)designing magazines, leaflets and posters.
- b) planning and Scheduling

c) send and receive greeting cards

d)programming

- e)generating certificates
- 6- Can you think of things we should need to make a magazine?

a)investigate stories.

- b)write the articles.
- c)design the layout.
- 7- what do you know about Bayt Lothan?

a- it's located in Salmiya

b- it's a traditional coffee house

8- Many people believe in rebuilding and restoring old buildings. Give reasons.

a)they have historical value

b)they tell tourists about the culture of the country

9- Why was the area named 'lothan

- a Because it was a place where ships could take refuge from storms.
- b Today, Bayt Lothan provides a shelter in which human creativity, arts crafts may flourish.

10-How does Bayt Lothan contribute in reviving the art in Kuwait?

a)It is a successful community centre

b)It houses an impressive gallery

c)It houses workshops for arts

d)It nurtures arts and designs

e)It exhibit artistic work

11- There are many activi	thes that we can see in Bayt Lot	nan. Mention two of them?
a- Art galleries	d- workshops	
12- Bayt Lothan is a refu	ge of cultural development. Exp	plain.
a- it's an impressive art gall	ery b- it's a succes	ssful centre for teaching arts
13- Mention the changes t	that occurred in Bayt Lothan o	ver the time.
a- it was used to be a shel	ter for ships during storms.	44
b- It's used now as an art	centre for teaching arts.	1,3
14-What art lessons could	one take in Bayt Lothan?	
a)pottery	b)jewel design	c)photography
d)Arabic calligraphy	e)manuscript decoration	
15- What is the difference	e between biography and an aut	obiography?
a) Biography is an accour	nt of someone's life written by so	meone else
b) Autobiography is an ac	ecount of someone's life written b	by the person himself.
16- A biography is a writt	en account of the series of even	ts that make up a person's life
How can you write an into	eresting biography?	
a)gathering trustworthy i	nformation about the person	
b)recording the source of	each information	
17- What are the political	positions of Massouma Al- mo	ubarak?
a) A political science prof	fessor	
b) A minister of planning	and administrative development	
c) A member of the parliar	ment	
18 Massouma Al Muba	rak is a famous Kuwaiti woma	n. Give two reasons.
a- she's the kuwaiti's first	female minister.	
b- she was elected in the	Kuwaiti parliament.	
19- How do people spend	their freetime nowadays?	
a- play computer game	s. b- chatting	ng.
20- Mention two of the old	d games that people used to play	y in the past.
a- khabsah	B- Dawama	C- Ambar